

## Please will someone listen?

Six years after almost fatal heart attack but with good recovery, I was able to walk up to ten miles on level ground. However, on my regular walks to the local supermarket (2 mile return trip) I noticed that I had to stop and recover my breath every 100m or so. I saw a local GPs who suggested I may be suffering from panic attacks. I was surprised, but took on his advise. Even so, long periods of palpitations, continued. So I saw a new GP who agreed with the first diagnosis.

I felt so ill, I wanted someone to listen, and soon took myself to A&E. I was admitted immediately, with an erratic pulse rate of over 200bbs, and spent five days there before the situation was stabilised enough for discharge. This soon led to a cardioversion which stopped the AF for about a year, although subsequently I now find myself in established AF.

I just wish someone had listened to me, looked at my medical history and taken my family history.  
I may have avoided months of feeling so ill.

Dave



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Further details of these and other AF Patient Case studies  
can be read on the AFA website, [www.atrialfibrillation.org.uk](http://www.atrialfibrillation.org.uk)

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