

Arrhythmia Alliance, Atrial Fibrillation Association and STARS



Welcome you to the Birmingham Patients Day at the Heart Rhythm Congress

Could you help your charity?

Would you be willing to share your story and inspire others affected by cardiac arrhythmias?

One of the best things that we can do to raise awareness of heart rhythm disorders, is to inform people through the experiences of individuals who have been affected.

Your story could be included in our educational and promotional materials as well as on our websites.

If you have an arrhythmia, or are close to someone who has one, please share your perspective on the diagnosis, treatment and life with an arrhythmia.

Please get in touch...

For A-A members: Phone Heather on 01789 451 832 or email heather@heartrhythmcharity.org.uk
For STARS members: Speak to Jenni on 01789 451 828 or email jenni@stars.org.uk
For AFA members: Phone Jo on 01789 330 119 or email jo@atrialfibrillation.org.uk

Thank you to our sponsors:



Arrhythmia Alliance Patients' Day Heart Rhythm Congress 2009

The Hilton, Birmingham Metropole

Sunday 18th October 2009 10.30 - 15.30

Welcome

10.30	Living with an arrhythmia - a patient's account	S Gurnett
11.00	Any Questions	J Tagney
11.30	The athlete's heart and arrhythmias - good, bad or does it exist?	A Wolff
12.00	Psychological aspects of cardiac devices	R Parke
12.30	Lunch	
13.30	Living with my ICD - a patient's perspective	S Shunmoogum
14.00	Support with your ICD, the arrhythmia nurse	J Tagney
14.30	CBT for arrhythmia and ICD patients	G Gillespie
15.00	Exercise with a cardiac condition	P Doherty
15.30	Close	



Promoting better understanding, diagnosis,
treatment and quality of life for individuals with cardiac arrhythmia.

PO Box 3697 Stratford upon Avon Warwickshire CV37 8YL UK +44 (0) 1789 450 787
www.heartrhythmcharity.org.uk info@heartrhythmcharity.org.uk

Registered Charity No. 1107496



Atrial Fibrillation Association Patients' Day

Heart Rhythm Congress 2009

The Hilton, Birmingham Metropole

Sunday 18th October 2009 10.30 - 15.30

10.30	Welcome	Mrs T Lobban
10.35	A patient's journey	Mr R Dove
10.50	Debate: This House believes that patients with AF are better managed by arrhythmia specialists, not GPs	Dr R Schilling and Dr M Fay
11.20	Seeking an understanding - a patient's story	Mr M Harman
11.35	Causes and triggers of atrial fibrillation	Dr A Grace
11.55	Medical management of new and current drugs	Professor A J Camm
12.15	Cognitive Behaviour Therapy for AF	Dr G Gillespie
12.35	LUNCH	
13.30	Anticoagulation - What does it mean for the patient?	Professor G Lip
13.55	Exercise and AF	Professor P Doherty
14.20	Catheter ablation for AF, is it a cure?	Dr M Earley
14.45	The role of the general cardiologist in AF management	Dr Hazel White
15.05	Question Time - Ask the Panel (opportunity to submit questions)	Dr M Fay, Dr A Grace, Mrs J Mudd, Dr R Schilling



Providing information, support and access to establish
new or innovative treatments for Atrial Fibrillation

PO Box 1219, Chew Magna, Bristol, BS40 8WB Tel: +44 (0) 1789 451 837
www.atrialfibrillation.org.uk info@atrial-fibrillation.org.uk

Registered Charity No. 1122442



STARS Patients' Day

Heart Rhythm Congress 2009

The Hilton, Birmingham Metropole
Sunday 18th October 2009 10.30 - 15.30

10.30	Welcome and an introduction to understanding syncope	Dr N Linker
10.50	Syncope in the young (RAS)	Dr W Whitehouse
11.10	Syncope in the elderly	Prof R A Kenny
11.35	Treatment options: drugs/lifestyle/pacemakers	Dr A Fitzpatrick
11.55	My journey to a diagnosis	Mrs M E Westwood
12.10	STARS – The future including showing of the new counter-manoevres DVD	Mrs T Lobban
12.30	Lunch	
13.30	Debate: This House believes that all children with transient loss of consciousness should see a paediatric neurologist before a paediatric cardiologist	Protagonist: Dr W Whitehouse Antagonist: Dr J De Giovanni
14.05	CBT for Syncope and POTS patients	Dr C Baker
14.30	Diagnostic testing	Dr T Fahraeus
15.00	Ask the Experts (an opportunity to ask questions of the doctors with general discussion)	
15.30	Close	

STARS
Syncope Trust And Reflex anoxic Seizures

Working together with individuals, families and medical professionals to offer support and information on Syncope and Reflex Anoxic Seizures

PO Box 175 Stratford-upon-Avon Warwickshire CV37 8YD UK +44 (0)1789 450 64
www.stars.org.uk safe@stars.org.uk

Registered Charity No. 1084898 ©2009